

The Power of Positive Touch



Suitable
for all
school staff
and family
workers

The **Massage in Schools Programme** (founded in 2000) is an accredited, fully researched, inclusive, child to child, fully clothed massage programme. It incorporates child friendly stories and other creative curriculum ideas developed to be acceptable within the school environment.

Research over 12 years in the UK show that this programme can result in calmer and more confident children with less aggression and bullying behaviours resulting in secure, safe learning environments, with increased friendships and positive social networks.

The programme supports national strategies including the Mental Health Strategy, SEAL, PHSCE and policies such as anti-bullying and additional needs support. It is a very effective use of pupil premium monies.

Carol Trower is a Health Professional with a vast amount of experience and knowledge gained as a nurse, midwife, health visitor including a post-graduate diploma in 'Promoting Child Emotional Health'. Carol is also a Reflexologist, Massage Therapist, Infant Massage Instructor and a Massage in Schools Programme Instructor and Trainer. She has introduced the programme into many schools as well as facilitated over 100 MISP Trainings. She is the current International President of the Massage in Schools Association.

The training is a **two day** course. It includes a course certificate, a years subscription to the Massage in Schools Association and post training support. It will be of interest to anyone working within a school context who is interested in exploring different ways to meet children's social and emotional needs.



Monday **and** Tuesday May 18th and 19th 2015

9 am – 4 pm

The Bridge,

59 Gladeside Rd., Wythenshawe, M22 9QY

£250+VAT (includes lunches and membership)